

The Vegan Society's Education

FAMILY AREA

The World's Largest *Vegan*
CAMPOUT

SATURDAY

- 10:00 – 11:00 **Family Yoga** with Caru Yoga
- 11:00 – 12:00 **Nature Arts and Crafts**
with Nature Makers
- 12:00 – 13:00 **Family Dance Session**
with Louise Wright Theatre School
- 13:00 – 14:00 **Family Picnic and B-Friendly Reggae Music**
sponsored by Quorn - bring your lunch and blanket.
- 14:00 – 15:00 **Activity Time** with Quorn
- 15:00 – 16:00 **Crafting 4+** with Clever Cotton
- 16:00 – 17:00 **Forest Schooling** with Wander Wild
- 17:00 – 18:00 **Meet the Author of *Nero The Brave Little Bull***
with Green Vegan
- 18:00 – 19:00 **Talent Show** with Laura, The Vegan Society
*Speak to Laura if you wish to participate,
all talents welcome!*

SUNDAY

- 10:30 – 12:00 Om & Bass present **the unmissable Chakra Rave!**
- 12:00 – 13:00 **Food Awareness, Designing Menus and Recipes**
with ProVeg School Plates
- 13:00 – 14:00 **Circus Skills** with Mischief Mafia
- 14:00 – 15:00 **Games Session** with Cheryl
- 15:00 – 16:00 **Crafting 10+** with Clever Cotton
- 16:00 – 17:00 **Wildly Tasty Plant-Based Cooking Tips** with Louisa
- 17:00 – 18:00 **Puppet Show** with Vegan Kids
- 18:00 – 19:00 **Disco** with Laura, The Vegan Society

TEEN TENT

12+

SATURDAY

- 10:00 – 11:00 **Maximising Your Potential: Goal Setting for Tweens and Teens** with Hayley Lugassy
- 14:00 – 15:00 **Food Awareness, Designing Menus and Recipes** with Lisa Marley and Sarah Morton from ProVeg School Plates
- 17:00 – 18:00 **Writing for Nature Workshop** with Ray Star

SUNDAY

- 10:00 – 11:00 **Activism Art** with Vegan Kids
- 14:00 – 15:00 **Plant-based Universities** with founder Vaania Kapoor
- 17:00 – 18:00 **Strategies to Support Tween and Teen Well-being** with Hayley Lugassy

Don't forget to tag us! [#vcoteentent](#)

Welcome to The Vegan Society's Education Family Area!

I hope that you have the most magical weekend at Vegan CampOut.
In the case of an emergency, please find a steward or call 07340691582.

Every good wish, Laura Chepner,

The Vegan Society Education Officer and Vegan Camp Out Family Coordinator

